

WORK-LIFE BALANCE WORKSHOP: HOW GIVING BACK CREATES A POSITIVE WORKSPACE & LIFE

At Marshall Connects we believe that giving back means sharing the absolute best of who you are and what you have to offer to make a difference to those at work, at home and in your community. Sometimes we begin to feel isolated or unfulfilled with our life choices. We may be in a position where we are no longer challenged and feel as if there is no place to go. Instead of going through the motions of each day, we must find a way to keep ourselves motivated and engaged to continue to be the best us we can be.

Don't just manage your life. Live a fulfilling and positive life, by making a difference and giving back! Our workshop will provide you with a variety of solutions to fill any personal and professional voids on your journey to a more meaningful life.

Giving back to others and your community is a great way to reshape the course of your life. As leaders, the way we approach each day can improve the quality of our lives and those around us, resulting in a more fulfilled life.

Duration: 1 - 3 Hour Sessions

All workshops can be customized to 90 min, half day, full day, multi-day and lunch N' Learn formats.

What Participants Learn:

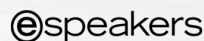
- Introduction to Giving Back and how to make a positive difference
- Overview of simple practices that provide positive outcomes in professional and personal life, and improve productivity
- Ways to enhance personal and professional development while giving back to others

Marshall Connects Workshops

The recipe for a work-life balance is extremely unique and the formula is different for each of us.

Work-life balance will be different for each and every one of us, but it is important to understand that it is NOT

about creating an EQUAL time balance between your personal and professional life. This balance can change as our life evolves and includes our definition of our personal daily achievement and enjoyment, family, friends, and self.



Author of "Giving Back"
How To Find Your Personal Joy &
Make A Difference To Others

