

# LEADERSHIP DEVELOPMENT WORKSHOP: HARNESS YOUR EI AND ENRICH YOUR LEADERSHIP SKILLS

Emotional intelligence (EI) has been pointed to as a critical career success factor. It's a known fact that the most effective leaders have a high degree of emotional intelligence. Studies show that 90% of top performers have high Emotional Intelligence (EI). In today's competitive and high change environment, Emotional Intelligence is a game changer that can give your business or you the edge required.

Exceptional leaders recognize, understand and not only manage their own emotions, but are able to do that with others in a very distinctive and empowering manner.

**Duration:** 3 Hour Session

*All workshops can be customized to 90 min, half day, full day, multi-day and lunch N' Learn formats.*

## What Participants Learn:

- Introduction to Emotional Intelligence
- Learn the science behind emotional intelligence
- Overview of emotional intelligence's core competencies and skills
- Appreciate what EI is and how to best utilize it
- Examine ways leverage intelligence, education and experience
- Harness my emotional intelligence to not only differentiate myself as an individual, but as a leader
- Ways to Improve your emotional intelligence
- Review Core Leadership and Adaptive Leadership
- Assess the main gaps in leader's awareness

## Marshall Connects Workshops

Strong leadership development inspires high performance standards and mobilizes a commitment to the organizations vision, mission, and values. Leadership development is essential to promote ongoing learning and increase employee performance to enhance overall organization productivity. Possessing high emotional Intelligence is a key element of leadership development. Successful leaders have the ability to understand their

emotions and those of others with a high degree of empathy. Effective leaders are not only empathetic, they are self-aware, able to self-regulate, are highly motivated and have impeccable social skills. Learning the elements of emotional intelligence specific to leadership is vital to leading strong teams and highly engaged employees.

