

EMOTIONAL INTELLIGENCE WORKSHOPS & PROGRAMS

Studies show that 90% of top performers have high Emotional Intelligence (EI). In today's competitive and high change environment, Emotional Intelligence is a game changer that can give your business or you the edge required.

Marshall Connects Emotional Intelligence workshops provide the tools required to understand the importance of Self-Awareness and Self-Management. Participants will learn that by incorporating Self-Awareness and Self-Management tactics, their communication skills will improve, permitting them to better interpret and respond to others effectively.

The science behind Emotional Intelligence and neuroplasticity prove that strengthening your Emotional Quotient (EQ) is within everyone's capabilities. Simply put, it is a skill that can be learned and developed - all that is required is practice. At Marshall Connects we have seen the difference and impact our Emotional Intelligence workshops have on participants. They experience an enlightened way of interacting with others, communication becomes easier and their overall understanding of individual perspectives becomes intensified.

Through customized workshops, your organization can have effective Emotional Intelligence training that is vital for continued success and corporate growth.

All workshops can be customized to 90 min, half day, full day, multi-day and lunch N' Learn formats.

Workshop Topics:

- · Harness Emotional Intelligence
- Enrich Your Leadership Skills
- · Implement A Project Game Changer
- · Strategies for Increasing Women's Leadership Roles
- Enhance Your Emotional Intelligence and Change Your Life!
- · Self-Awareness Strategies that will Positively Change Your Relationships
- · Essential Strategies That Will Distinguish YOU as a Leader

Workshop Features:

- · Assessments
- Digital Presentations
- Practical Applications
- · Continued Learning Materials

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Basic Training Program: 18 hours of Training (6-3hours sessions or 12 90 minute sessions)

Custom Programs are also available.

- 1. Harness Your Emotional Intelligence to Positively Change Your Life-Introduction to Emotional Intelligence
- 2. In-Depth Look into Self Awareness: Theory with practical application
- 3. Self-Management Skills to Enhance Your Performance: Theory with practical application
- 4. Elevate Your Career with Strong Social Awareness: Theory with practical application
- 5. Successful Relationship Management Enhances Your Career: Theory with practical application
- 6. Emotional Intelligence is Critical for Leaders: Theory with practical application

Advanced Training Program: 30 hours of Training (10-3hours sessions or 20 - 90 minute sessions)

Custom Programs are also available.

- 1. Harness Your Emotional Intelligence to Positively Change Your Life: Introduction to Emotional Intelligence
- 2. In-Depth Look into Self Awareness Session 1: Theory with practical application
- 3. In-Depth Look into Self Awareness Session 2: Interactive training with small and large group breakout sessions
- 4. Self-Management Skills to Enhance Your Performance Session 1: Theory with practical application
- 5. Self-Management Skills to Enhance Your Performance Session 2: Interactive training with small and large group breakout sessions
- 6. Elevate Your Career with Strong Social Awareness Session 1: Theory with practical application
- 7. Elevate Your Career with Strong Social Awareness Session 2: Interactive training with small and large group breakout sessions
- 8. Successful Relationship Management Enhances Your Career Session 1: Theory with practical application
- 9. Successful Relationship Management Enhances Your Career Session 2: Interactive training with small and large group breakout sessions
- 10. Emotional Intelligence is Critical for Leaders: Theory with practical application



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